

Maternal Fetal Group

Preparing for your ultrasound examination at your doctors office

It is necessary to have a full bladder when preparing for your Obstetrical or Pelvic Ultrasound Examination. It is important that you arrive 15 minutes prior to your scheduled appointment and are properly prepared for your exam. To prepare, please follow these steps:

1. Be sure to eat breakfast or lunch depending on your appointment time- DO NOT go without eating.
2. Empty your bladder completely one hour prior to your appointment.
3. Drink 16 ounces of fluid preferably water (anything except milk or orange juice).
4. Do Not empty your bladder until after your exam.

By following these instructions, you will avoid unnecessary delays for you as well as for other patients. By arriving on time, we will be able to better serve you. Patients who arrive late or without a full bladder are subject to having their appointment rescheduled. The maximum number of family members allowed to accompany the patients is 3. **NO unattended children under 5 are allowed.** If you are pregnant, we are happy to record 2-3 minutes of your examination. You can bring either a VHS tape for the video movement **OR** a CDRW for still photos.

Maternal Fetal Group will bill separately for the interpretation of this ultrasound.

Appointment Date:_____

Time:_____